



Health Management Care, PC - Family Practice Services

Preventive Care

- Annual physicals & wellness exams
- Immunization referral and vaccine referral
- Routine screenings (blood pressure, cholesterol, diabetes, cancer)
- Health counseling on diet, exercise, and lifestyle
- Well-baby and well-child visits
- Women's health exams (including Pap smears)
- Men's health screenings (including prostate checks)

Acute Care

- Diagnosis and treatment of sudden illnesses (cold, flu, infections)
- Minor injury care (sprains, cuts, burns)
- Earaches, sore throats, sinus infections
- Skin conditions (rashes, insect bites)
- Allergic reactions (non-emergency)

Chronic Disease Management

- Diabetes
- Hypertension (high blood pressure)
- Heart disease
- Asthma & COPD
- Thyroid disorders
- Arthritis

Women's Health

- Birth control counseling & prescriptions

- Prenatal care (in some cases)
- Menopause management
- Breast exams

Men's Health

- Hormone and testosterone evaluation
- Prostate health screening
- Sexual health concerns

Pediatric Care

- Growth and development monitoring
- School and sports physicals
- Immunization referral
- Behavioral health evaluation

Geriatric Care

- Fall prevention
- Medication management
- Cognitive health screenings
- Chronic condition monitoring

Minor Procedures

- Stitches & wound care
- Removal of moles, skin tags, and cysts
- Joint injections
- Cryotherapy for skin lesions

Laboratory & Diagnostic Services

- Blood work
- Urinalysis
- EKGs
- Basic imaging referral

Behavioral & Mental Health

- Depression and anxiety screening
- Stress management
- Addiction treatment
- Counseling referrals
- Support for lifestyle changes