

Community Resources in St. Clair County, Michigan

Public Health & Outreach Services

- St. Clair County Health Department Outreach & Education: Provides assistance with Medicaid/insurance enrollment, referrals to medical, dental, mental health care, and community supports like food or housing.
- Health Education & Community Outreach: Offers preventive care, disease education, and health literacy support to residents and organizations.

Community Health Strategies & Plans

- Community Health Improvement Plan (CHIP) 2023–2027: Coordinates chronic disease prevention, management programs, and social determinant initiatives.
- Community Health Needs Assessment (CHNA): Offers data on local chronic disease prevalence and identifies gaps in care coordination, education, and outreach.

Senior & Aging Services

- Council on Aging and Senior Resource Guide 2025: Listings for senior centers, home care, transportation, housing, mental health, and caregiver support.

Disability & Specialized Support

- Disability & Medical Equipment Support: Includes Michigan Paralyzed Veterans Association and Muscular Dystrophy Association.
- Local disability nonprofits: Autism Society of Michigan, Michigan Rehabilitation Services, United Cerebral Palsy, and others.

Behavioral & Mental Health

- St. Clair County Mental Health Authority: Provides crisis support, resources, and coordination of mental health services.
- Pine Rest Christian Mental Health Services: Offers outpatient and telehealth mental health and addiction treatment.

Referral & Community Support Help Lines

- United Way 2-1-1: Connects residents with services including food, housing, healthcare, veteran support, and utility assistance.
- St. Clair County Help Card: Lists emergency services, health resources, hunger assistance, and transportation.

Public Transportation & Access

- Blue Water Area Transit: Accessible public transportation connecting clinics and community health sites.

At-a-Glance Resource Directory

Resource Area	Includes
Health Department Outreach	Medicaid enrollment, education, referrals
CHIP / CHNA	Chronic disease initiatives, community needs assessments
Aging & Senior Services	Senior center access, home services, caregiver support
Disability Aid Programs	Equipment loans, specialized support groups
Mental Health & Crisis	24/7 crisis lines, outpatient counseling, psychiatric clinics
Community Referral	United Way 2-1-1, St. Clair Help Card
Transportation	Public transit routes to healthcare and wellness locations

For more, contact St. Clair County Health Department at (810) 987-5300 or visit their official website.